

Primary Care News



May 2022

Welcome to your Primary Care newsletter published by the *Kent & Medway Primary Care Training Hub*.

GP's, Practice Nurses and Nursing Associates: Book your place on the New to Practice Programme 2022/23

The New to Practice Programme is a national initiative designed to support newly qualified GP's, Nurses and Nursing Associates and to help them to gain confidence and skills to successfully begin their career in general practice and thrive.

Download the [New to Practice Programme brochure 22/23](#).

To book your place, please download and complete:

1. [Enrolment Form](#)
2. [Monitoring Form](#)

And return it to kmpcth@nhs.net making sure you copy your practice/line manager in your email.



Fellowships in Kent & Medway are now live!

Pathways include: Digital Transformation, End of Life/Palliative Care, Mental Health, Coastal Fellowships, etc.

For a full overview and to apply, please follow the link [Kent & Medway Fellowships](#)

Apprenticeships in Primary Care

An Apprenticeship is on-the-job training that leads to national and international recognised qualifications ranging from Level 2 (GCSE-equivalent) to Level 7 (Masters-equivalent) and open to ages 16 and over.



Apprenticeships in Primary Care broaden the scope of training and developing for existing staff, whilst attracting new members of staff to improve diversity and bridging gaps in the workforce. They provide a future pipeline for clinical and non-clinical roles, simplify career progression, counteract an ageing workforce and provide a life blood to Primary Care workforce. Apprenticeship qualifications are available in a wide range of areas and levels in the Health and Social Care sectors including nursing, healthcare support, business administration, advanced clinical practitioner, team leading, HR, IT just to name a few.

Please refer to the [HASO website](#) for more Health and social care related apprenticeship standard HASO. Contact us on kmccg.pcthapprenticeships@nhs.net



Focus on: Community Health & Wellbeing Worker – Level 3

Community Health & Wellbeing Workers work in partnership with individuals and their communities to identify and address health and wellbeing needs, improve health, prevent ill-health and reduce inequalities.

Find out more about the [Community Health & Wellbeing Worker](#)

Functional Skills

[Functional Skills English and Maths](#) are requested to start an apprenticeship or to progress in many positions; they provide people of all education levels with accessible skills to improve reading, writing and communications, allow a better understanding of numbers and mathematical concepts, and are one of the most popular qualifications taken by adult learners.

Interested in Apprenticeships?

Find out about creating your own [Digital Service Account \(DAS\)](#) to manage funding, job vacancies, find training providers etc.

Clinical Supervision Opportunity for General Practice Nursing Teams

A one-day interactive course suitable for Practice Nurses, Healthcare Assistants and Nursing Associates who wish to train as Clinical Supervisor. 3 dates available.

Download the [Clinical Supervision flyer](#) for more information and to book your place.



Clinical Training Sessions for Practice Nurses and Nursing Associates

Wound Management for Nurses and

AHPs - 13 June (18 people Max)

Management of Venous Leg Ulcers - 14 & 15 September (18 People Max)

Understanding Mental Health in Primary Care - 13 & 14 July (18 People Max)

For more information, please contact

edafe.orogun@nhs.net

Simulation Training for Primary Care (internal and PCN PLTs)

The Kent & Medway Training Hub is fully funding the KSS Primary Care Simulation Faculty to deliver in situ simulation training to practice and PCNs.



The sessions are appropriate to non-clinical and clinical Primary Care staff.

To organise your simulation training, please contact Jane Roome, HEE KSS GP Fellow in

[Learn more.](#)

Spirometry Training

The KMPCTH is funding several Spirometry training days:

2-day Spirometry competency assessed training

- Tuesday 21st June (8.45am – 4.30pm) and Tuesday 20th September
- Thursday 30th June (8.45am – 4.30pm) and Thursday 29th September
- Thursday 8th September (8.45am – 4.30pm) and Thursday 8th December

Spirometry interpretation updates:

- Monday 4th July (1.00pm – 2.30pm)
- Tuesday 13th September (1.00pm – 2.30pm)
- Wednesday 14th September (1.00pm – 2.30pm)
- Wednesday 19th October (1.00pm – 2.30pm)

2-day Spirometry competency assessed training for Healthcare Assistants

- Monday 6th June (8.45–1.00pm) & Monday 12th September (You will be allocated a 1h time slot)
- Wednesday 6th July (8.45–1.00pm) & Wednesday 5th October (You will be allocated a 1h time slot)

To book a place please contact Natasha Beckett at natasha@respiricare.com

Mental Health Awareness Training for Primary Care Reception/Administration teams

The aim of this course is to increase mental health awareness and give an understanding of how to manage patients presenting with mental health symptoms on the phone or in surgery, ensuring they can help meet their immediate needs safely.

Please visit the [Mental Health Awareness Training](#) course page, complete the Pre-Course Questionnaire and sign up.

East and North Kent Protected Learning Time Dates

Safeguarding Children and Adult Level 3 Update PLT: June.

[East Kent.](#)

[North Kent.](#)

Masterclass Webinar: Drug and Alcohol Use Disorders

A webinar being run by Kent & Medway NHS & Social Care Partnership Trust and Canterbury Christ Church University. View topics and speakers [here.](#)

To book your place for the Masterclass, please email medicalsciences@canterbury.ac.uk

Webinars: GP Paediatric Masterclass Webinars 22/23

A series of focused topics for GPs and Primary Care Clinical Staff offered at lunchtime ([online sessions](#)).

[Dermatology Education webinars](#) - June 2022

Fontus Health have organised two more Dermatology webinars - Skin Solutions: Protect, Prevent, Heal and Restore:

This webinar series consists of two sessions:

- Skin Basics: An Overview of the Skin Structure and its role: 16th June 7:30pm – 9:00pm
 - Moisture Associated Skin Damage: An Under Reported Topic: 30th June 7:30pm – 9:00pm
-

Free Webinar:

Hot Topics: [Improving Asthma Care and Thinking Green Clinic](#) - Tuesday 17th May 2022

[Becoming a GP Educational](#)

[Supervisor and the PG Cert](#)

An opportunity to undertake the GP Trainer (Educational Supervisor) Course and associated Postgraduate Certificate in Strategic Leadership and Multi-professional Education in Healthcare to your accredited Clinical Supervisors.



Expressions of interest can be made via the HEE KSS website.

Resources: Chronic Obstructive Pulmonary Disease (COPD)

Download the [Kent & Medway COPD Services Patient Information Pack](#).



Resources: [MyDiabetes app](#)

Kent and Medway CCG, in partnership with Paula Carr Diabetes Trust are offering FREE access to myDiabetes for people living with Type 2 Diabetes in Kent.

Resources: IT Training for Primary Care workforce

[CSU Collaborative](#) offers IT and Digital Support for General Practices.

Covers:

MS Office Courses

IT Leads Course

Data Security Protection Toolkit

Patient Online Services



[Learn more.](#)

General Practice Resilience Programme (GPRP) 2022/23

A reminder to all practices that if you wish to be considered for GPRP funding please complete the [self-referral application form](#) and send back to kmccg.primarycare@nhs.net by close of play on **Friday, 20 May 2022**.



Looking after your mental health - support for health and care staff

Resources for Primary Care workforce:

- [Mental Health Awareness Week](#) – the theme is loneliness.
- [The online Mental Wellbeing Information Hub](#) has a wealth of information about services and support available.
- [talking wellness](#), is Kent and Medway's staff mental health and wellbeing service

SIM4 Mental Health Events taking place in September and October 2022

[Online Mental Health Simulation-Based Education Event](#) on one of the following dates:

7 Sept | 5 October | Time: 8:00– 4:30 (8-8:30am Registration)

Platform: Microsoft Teams

Free for professionals working in Kent, Surrey, and Sussex. Early Bird Fee until 31 May 2022: £75 for all other UK regions. £90 GBP Worldwide. All tickets booked after 31 May: £100

Online Multi-Disciplinary Mindfulness Course

[Sign up to one of the 2 Mindfulness Courses](#) with Tenterden Mindfulness, funded by the Kent & Medway Primary Care Training Hub.

Course dates run from 24th May for 8 weeks or from 24th September for 8 weeks, both via Zoom.

Places are strictly on a first come first served basis so use the link below to register your place on this popular course.

Desk-Based Yoga – Weekly Session

Join us [every Tuesday at 1pm](#) for a well-deserved 10min stretch and move session with Jane Taylor.

General Practice update

Since the start of the pandemic the Kent and Medway CCG communications team has sent out an update to staff working in GP practices. This has become the main channel of communication used by the CCG. We expect that most of the readers of this newsletter will already receive it. However if you wish to look at the last issue and/or self-subscribe you can do so by clicking on [this link](#).

Return to Nursing webinar

We are supporting a national campaign to encourage nurses to return to practice in primary care. Canterbury Christ Church University is hosting a webinar to provide an outline of the **Return to Practice Programme**.

The session is an online virtual webinar held on Wednesday 25 May, 3-4pm.

Join the webinar [here](#).

If you or anyone at your practice knows anyone thinking of returning to nursing please share this link with them.

Contact your local Training Hub:

East Kent Training Hub: eastkent.traininghub@nhs.net

North Kent Training Hub: northkent.traininghub@nhs.net

West Kent Training Hub: kmccg.wkenttraininghub@nhs.net

The KMPCTH Newsletter is created by the Communications Team.

The deadline to submit news and updates is the **10th of each month**.

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